

1.	RYB Rules Chart for Refs (2026)	Boys 3 rd Girls 3 rd	Boys 4 th Girls 4 th	Boys 5 th Girls 5 th	Boys 6, 7 th Girls 6/7 th	Boys 8, 9 th Girls 8-12 th	Boys 10-12 th			
2.	Ball size	27.5" (size 5)	28.5" (size 6)		B6, G6/7 - 28.5" B7, B8 - 29.5"	G8 - 28.5" B9 - 29.5"	29.5"			
3.	Refs	----- 1 or 2 Refs -----			----- 2 Refs -----					
4.	Game warm up time	3-5 mins BEFORE posted game start time (more time if previous game ends early) (Ref may allow 3 min warm up time and delay start of game if previous game was running late)								
5.	5 players to start game	Min 4 players	----- Allow 10 min delay of tap off w/clock running -----							
6.	Game Time	----- 20 min Halves (running clock) -----			10 min Quarters	----- 8 min Quarters -----				
7.	Running Clock / Clock Stops	Running Clock	Running Clock except --- Last 2 mins of Game ---		Clock stops last 2 mins of 1 st /2 nd Half	Clock Stops (every whistle)				
8.	Half / Quarter Breaks	----- 3 min Halftime -----				3 min halftime; 1 min between Qtrs				
9.	Overtime Period*	No Overtime	1 Overtime for 3 mins		Overtime - 5 mins	Overtime - 4 mins				
10.	Time Outs (30 seconds)	3 timeouts	----- 3 timeouts per team in regular time, 1 timeout per team in Overtime Period -----							
11.	Lane Violation	Not Applicable	----- 5 second lane violation -----		----- 3 second lane violation -----					
12.	Personal Foul Limit	Not Applicable	----- 6 Foul Limit -----		----- 5 Foul Limit -----					
13.	Foul Shots / Bonus Shots	Only Shooting Fouls (2)	Shooting Fouls (2/3) • No 1 & 1 • 2 foul shots on 10 th Team Foul in Half • OT carryover 2 nd half fouls			Normal HS rules - 2 foul shots on 5 th Team Foul in Quarter				
14.	Substitutions	Ref calls for subs every 5 mins (break in play) - (clock runs)				Ref calls for subs at 4 mins (break in play)	Normal HS rules			
15.	Free Zone**	Free Zone Applies -----		Free Zone Does Not Apply -----						
16.	Full Court Press	Not Applicable	No Press Allowed - whole game (see Back Court Limited Defense)			Full Press Allowed EXCEPT by team leading by 10 or more				
17.	Limited Back Court Defense	No Defense in Back Court or Free Zone	NO stealing, trapping, or guarding closely in Back Court / Free Zone May defend ball handler 1-on-1 5 th may intercept pass / loose ball		Defense <u>may not</u> steal, trap, or guard closely Defense <u>may</u> defend ball handler 1-on-1 Defense <u>may</u> intercept pass or grab loose ball	No press by team leading by 15 or more				
18.	Technical Fouls/Ejections	Ref may pause / end game for inappropriate behaviors.	Normal Rules for Technical Fouls. Loud profanity or lewd behavior is a technical foul Anyone may be ejected for any inappropriate behavior or violation of RYB Code of Conduct. A ref may stop/end a game, if necessary. Ejections should be reported to league officials. Inappropriate spectator actions - no technical fouls charged but spectators may be ejected.							
*	Overtime Period	Overtime period starts with jump ball - same direction as 2 nd half; Team fouls carry over from 2 nd half/4 th quarter								
**	Free Zone	See rules for setup and operation			Not Applicable					