

	Team	v	1st HALF (20 mins - running clock*)				Half	2nd HALF (20 mins - running clock*)				On Bench
	Date	Time Left >	20:00-15:00	15:00-10:00	10:00-5:00	5:00-0:00	time	20:00-15:00	15:00-10:00	10:00-5:00	5:00-0:00	
	#	Player	Rotation 1	Rotation 2	Rotation 3	Rotation 4*	3 min	Rotation 5	Rotation 6	Rotation 7	Rotation 8*	
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
11												
12												

PLAYER SUBSTITUTION & ROTATION GUIDELINES (except SHL)

6 players	every player sits out at least ONE (1) rotation
7 players	every player sits out at least TWO (2) rotations
8 players	every player sits out at least THREE (3) rotations
9 players	every player sits out at least THREE (3) rotations
10 players	every player sits out for FOUR (4) rotations
11+ players	a player may sit out for consecutive rotations only once
2 fouls shots on 10+ Team Fouls* in Half	Team
	Team

*** NOTE: Some Divisions stop the clock in the last 2 minutes of each half (rotations 4 and 8)**

All players on the bench at the 5 minute marks in each half **MUST** sub in (unless injured, sick or fouled out).

A player on the bench in rotation 4 may sit in rotation 5

*Fouls Shots for # Team Fouls - only for grades 4th & up